

# Sodexo

Recipe No. Recipe Name	Portion Size	Weight (g)	Cals (kcal)	Total Fat (g)	Saturated Fat (g)	Chol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (IU)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
850076 APPLE, WHOLE 198 COUNT	EACH	101	53	0.17 2.9%	0.03 0.5%	0	1	13.95 106.2%	2.42	10.49 79.9%	0.26 2.0%	55	4.6	6	0.12
850473 BAGEL WHOLE WHEAT IW 87	EACH	65	180	1.00 5.0%	0.00 0.0%	0	200	35.00 77.8%	4.00	3.00 6.7%	7.00 15.6%	0	2.4	20	1.80
850971 BAGELS MINI CINNAMON CR	PKG	69	240	6.00 22.5%	2.50 9.4%	10	180	41.00 68.3%	2.00	13.00 21.7%	6.00 10.0%	100	0.0	20	1.44
850425 BANANAS:150ct	EACH	118	105	0.39 3.3%	0.13 1.1%	0	1	26.95 102.7%	3.07	*N/A* *N/A%*	1.29 4.9%	76	10.3	6	0.31
850209 BBQ SAUCE DISPENSER	.5 OZ	14	17	0.00 0.0%	0.00 0.0%	0	188	3.75 90.0%	0.00	*N/A* *N/A%*	0.00 0.0%	83	0.0	0	0.00
850540 BBQ TURKEY SAND 2156-34G	1 sandwich	201	298	7.44 22.5%	1.98 6.0%	49	1418	38.79 52.1%	3.00	13.17 17.7%	19.47 26.2%	189	1.2	20	3.33
850067 BEANS BLACK	1/2 CUP	130	120	0.50 3.8%	0.00 0.0%	0	140	23.00 76.7%	6.00	1.00 3.3%	7.00 23.3%	5	0.0	60	1.80
850243 BEANS GARBANZO	1/2 CUP	92	129	2.56 17.9%	0.20 1.4%	0	108	20.81 64.8%	0.00	*N/A* *N/A%*	6.51 20.3%	22	0.1	42	0.99
850710 BEANS GREEN COLD 05237	1/2 CUP	118	25	0.00 0.0%	0.00 0.0%	0	265	4.91 80.0%	0.98	0.98 16.0%	0.00 0.0%	197	0.0	0	0.35
850068 BEANS KIDNEY	1/2 CUP	130	120	0.00 0.0%	0.00 0.0%	0	140	22.00 73.3%	8.00	3.00 10.0%	7.00 23.3%	15	0.0	80	1.80
850066 BEANS PINTO	1/2 CUP	130	100	0.00 0.0%	0.00 0.0%	0	140	18.00 72.0%	7.00	0.00 0.0%	6.00 24.0%	0	0.0	40	1.44
850728 BEEF DIPPERS TERIYAKI	4 DIPPERS	79	163	8.14 45.0%	3.56 19.7%	41	448	6.11 15.0%	1.02	4.07 10.0%	14.25 35.0%	20	0.0	20	1.47
850485 BENEFIT BAR APPLE CIN 404	EACH 2.5 OZ	71	290	9.00 27.9%	3.00 9.3%	15	240	48.00 66.2%	3.00	*N/A* *N/A%*	5.00 6.9%	0	0.0	20	1.80
850144 BENEFIT BAR BANANA CHOC	EACH 2.5 OZ	71	280	8.00 25.7%	3.00 9.6%	15	220	48.00 68.6%	3.00	*N/A* *N/A%*	5.00 7.1%	0	0.0	20	1.80
850872 BENEFIT BAR FRENCH TOAS	EACH 2.5 OZ	71	290	9.00 27.9%	2.50 7.8%	25	200	47.00 64.8%	3.00	*N/A* *N/A%*	5.00 6.9%	0	0.0	40	1.80
850145 BENEFIT BAR OAT CHOC CH	EACH 2.5 OZ	71	290	9.00 27.9%	3.00 9.3%	20	240	47.00 64.8%	3.00	*N/A* *N/A%*	5.00 6.9%	0	0.0	20	1.80
850486 BENEFIT BAR OAT RAISIN 40	EACH 2.5 OZ	71	290	9.00 27.9%	3.00 9.3%	20	190	48.00 66.2%	3.00	*N/A* *N/A%*	5.00 6.9%	0	0.0	20	1.80
850518 BREAD BANANA WG IW 6071	EACH 3.4 OZ	96	280	10.00 32.1%	2.00 6.4%	0	220	44.00 62.9%	2.00	25.00 35.7%	5.00 7.1%	100	0.0	80	1.08
850517 BREAD ZUCCHINI WG IW 607	EACH 3.4 OZ	96	270	10.00 33.3%	2.00 6.7%	0	220	43.00 63.7%	2.00	25.00 37.0%	5.00 7.4%	100	1.2	100	1.08
851021 BREADSTICK 2 OZ	EACH	57	140	0.67 4.3%	0.00 0.0%	0	160	29.33 83.8%	4.00	0.00 0.00%	4.00 11.4%	3	0.0	1	1.33
850860 BREAKFAST 4 LUNCH WAFFL	2 WAF + 2 SAUS	137	320	13.99 39.4%	3.00 8.4%	65	689	31.92 40.0%	2.99	3.99 5.0%	16.99 21.3%	20	0.0	140	4.31
850191 BROCCOLI FRESH	1/2 CUP	44	15	0.16 9.8%	0.02 1.1%	0	15	2.92 78.1%	1.14	0.75 20.0%	1.24 33.2%	274	39.2	21	0.32

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## Recipe Audit Report - Summary

Recipe No. Recipe Name	Portion Size	Weight (g)	Cals (kcal)	Total Fat (g)	Saturated Fat (g)	Chol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (IU)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
850732 BURRITO BREAKFAST EGG S	BURRITO	167	364	19.60 48.4%	6.14 15.2%	412	518	25.84 28.4%	2.29	*2.28* *2.5%*	19.57 21.5%	536	0.2	190	3.41
850584 BURRITO CHICKEN:scratch G	EACH	253	416	15.40 33.3%	4.90 10.6%	71	1061	44.40 42.7%	8.00	3.00 2.9%	24.70 23.8%	160	0.0	220	3.49
850075 CARROT STICKS	HALF CUP	61	25	0.15 5.3%	0.02 0.8%	0	42	5.84 93.5%	1.71	2.89 46.2%	0.57 9.1%	10191	3.6	20	0.18
850190 CELERY STICKS	1/2 cup	74	12	0.13 9.6%	0.03 2.3%	0	60	2.21 74.3%	1.19	1.00 33.5%	0.51 17.3%	334	2.3	30	0.15
825924 CEREAL COLD CHEERIOS	1 bowl	28	101	2.03 18.0%	0.00 0.0%	0	142	20.25 80.0%	3.04	*N/A* *N/A%*	3.04 12.0%	506	6.1	101	8.20
825933 CEREAL COLD CHEERIOS AP	1 bowl	28	111	1.52 12.3%	0.00 0.0%	0	111	23.29 83.6%	2.03	*N/A* *N/A%*	2.03 7.3%	506	6.1	101	3.64
825925 CEREAL COLD CHEERIOS M	1 bowl	28	101	1.01 9.0%	0.00 0.0%	0	116	23.29 92.0%	2.03	*N/A* *N/A%*	2.03 8.0%	506	4.9	81	7.29
825935 CEREAL COLD CHEX RICE	1 bowl	28	101	0.51 4.5%	0.00 0.0%	0	253	24.30 96.0%	1.01	*N/A* *N/A%*	2.03 8.0%	506	6.1	101	9.11
850480 CEREAL COLD KASHI BERRY	1 bowl	28	90	1.00 10.0%	0.00 0.0%	0	115	23.00 102.2%	5.00	*N/A* *N/A%*	2.00 8.9%	0	1.2	0	0.72
826076 CEREAL COLD KASHI SUNSH	1 bowl	28	91	1.01 10.0%	0.00 0.0%	0	127	23.29 102.2%	5.06	*N/A* *N/A%*	2.03 8.9%	0	0.0	0	0.73
826073 CEREAL COLD MINI WHEATS	1 bowl	28	100	0.00 0.0%	0.00 0.0%	0	0	24.00 96.0%	3.00	6.00 24.0%	3.00 12.0%	30	0.0	0	8.10
850161 CEREAL COLD RAISIN BRAN	BOWL	35	110	0.50 4.1%	0.00 0.0%	0	150	27.00 98.2%	4.00	*N/A* *N/A%*	3.00 10.9%	300	0.0	20	2.70
826077 CEREAL COLD RICE KRISPIE	1 bowl	28	100	0.50 4.5%	0.00 0.0%	0	170	23.00 92.0%	0.00	1.00 4.0%	2.00 8.0%	1000	12.0	0	8.10
850483 CHEESE STRING IW	EACH	28	80	6.00 67.5%	3.50 39.4%	15	150	1.00 5.0%	0.00	*N/A* *N/A%*	7.00 35.0%	200	0.0	200	0.00
851102 CHEESEBURGER 68001 GIUL	EACH	117	295	14.50 44.2%	6.00 18.3%	45	415	23.50 31.9%	3.00	2.00 2.7%	17.50 23.7%	160	6.0	120	1.80
850078 CHICKEN NUGGETS:tyson 21	7 EACH	131	336	19.60 52.5%	3.50 9.4%	28	658	22.40 26.7%	4.20	1.40 1.7%	18.20 21.7%	140	0.0	56	2.52
850881 CHICKEN ON A BISCUIT BRE	1 sandwich	77	196	9.54 43.8%	5.51 25.3%	13	447	19.05 38.9%	2.51	*0.00* *0.00%*	9.06 18.5%	0	0.0	100	1.27
850733 CHICKEN ORANGE POPCOR	12 EACH	122	321	14.23 39.9%	2.54 7.1%	25	506	30.92 38.5%	3.05	*1.02* *1.3%*	15.25 19.0%	102	0.0	41	1.83
850257 CHICKEN TERIYAKI FAJITA	serving	108	157	6.53 37.5%	1.87 10.7%	75	1040	9.74 24.9%	0.00	*0.00* *0.00%*	15.33 39.1%	0	0.0	0	0.34
850502 CINNAMON BUN WG IW 6070	EACH	82	240	8.00 30.0%	2.00 7.5%	20	300	38.00 63.3%	3.00	15.00 25.0%	5.00 8.3%	400	1.2	60	1.08
850800 CORN CANNED 15483	1/2 CUP	120	80	0.00 0.0%	0.00 0.0%	0	360	17.00 85.0%	2.00	4.00 20.0%	3.00 15.0%	0	1.2	0	0.36
850240 CORN DOG CHICKEN WG	EACH	113	240	8.00 30.0%	2.50 9.4%	40	390	30.00 50.0%	5.00	5.00 8.3%	9.00 15.0%	25	0.0	80	1.80

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850156 CREAM CHEESE LIGHT 1 OZ	OZ	28	60	5.00 75.0%	3.00 45.0%	20	130	2.00 13.3%	0.00	*N/A* *N/A%*	2.00 13.3%	400	0.0	40	0.00
850524 CRISPY CHICKEN SAND 7030	1 sandwich	157	410	17.50 38.4%	3.00 6.6%	25	680	43.00 42.0%	6.00	5.00 4.9%	20.00 19.5%	120	0.0	60	2.88
850210 DRESSING RANCH LF DISPE	.5 OZ	14	21	1.04 45.0%	0.21 9.0%	0	133	3.34 64.0%	0.42	*N/A* *N/A%*	0.00 0.0%	0	0.5	8	0.00
005795 DRESSING,SALAD,BALSAMIC	TBSP	0	0	0.00 0.00%	0.00 0.00%	0	0	0.00 0.00%	0.00	*N/A* *N/A%*	0.00 0.00%	0	0.0	0	0.00
003201 DRESSING,SALAD,CAESAR	TBSP	14	101	11.35 100.8%	2.03 18.0%	0	133	0.13 0.5%	0.00	*N/A* *N/A%*	0.13 0.5%	504	0.0	4	0.00
005774 DRESSING,SALAD,ITALIAN LI	TBSP	0	0	0.00 0.00%	0.00 0.00%	0	0	0.00 0.00%	0.00	*N/A* *N/A%*	0.00 0.00%	0	0.0	0	0.00
850835 EGG & CHEESE SANDWICH I	EACH	67	160	5.00 28.1%	2.00 11.2%	70	340	21.00 52.5%	2.00	4.00 10.0%	6.00 15.0%	200	66.0	80	1.44
850401 ENCHIRITO BEAN & CHEESE	EACH	233	340	9.51 25.2%	3.00 7.9%	15	862	52.04 61.2%	10.00	4.02 4.7%	15.00 17.6%	1000	3.6	200	3.60
003603 FLATB HUMMUS STRING CH	SERVING	235	237	13.89 52.8%	3.65 13.9%	15	513	20.20 34.2%	5.07	*4.72* *8.0%*	12.78 21.6%	10263	11.5	241	0.46
851148 FLATBREAD BBQ CHICKEN s	1 Flatbread	153	315	11.92 34.0%	4.77 13.6%	26	1068	35.52 45.1%	2.70	*8.76* *11.1%*	18.07 22.9%	370	0.9	224	1.85
850937 FRENCH TOAST WG	1 slice	72	200	3.50 15.8%	0.00 0.0%	50	480	36.00 72.0%	3.00	6.00 12.0%	8.00 16.0%	30	0.0	40	1.80
850990 FRUDEL APPLE IW	1 package	65	210	5.99 25.7%	1.50 6.4%	0	280	35.96 68.6%	2.00	10.99 21.0%	4.99 9.5%	55	0.0	0	1.08
850991 FRUDEL CHERRY IW	1 package	65	210	5.99 25.7%	1.50 6.4%	0	290	36.95 70.5%	2.00	10.99 21.0%	4.99 9.5%	55	0.0	0	1.08
851101 GARDENBURGER GIULIANO	EACH	128	210	5.00 21.4%	0.50 2.1%	0	650	30.00 57.1%	8.00	2.00 3.8%	17.00 32.4%	10	6.0	80	2.88
850061 GRAHAMS GIANT CINN GOL	PKG	26	120	4.00 30.0%	1.00 7.5%	0	110	19.00 63.3%	1.00	*N/A* *N/A%*	1.00 3.3%	0	0.0	100	0.72
851080 HAMBURGER 68001 GIULIAN	EACH	102	240	10.00 37.5%	3.50 13.1%	30	330	23.00 38.3%	3.00	2.00 3.3%	14.00 23.3%	10	6.0	20	1.80
850915 HOT DOG TURKEY 51% WW	EACH	115	260	11.50 39.8%	3.00 10.4%	60	550	28.00 43.1%	3.00	4.00 6.2%	13.00 20.0%	20	0.0	120	2.52
851143 HOT HAM & CHEESE GIULIAN	1 sandwich	128	260	10.50 36.3%	5.50 19.0%	33	645	24.00 36.9%	3.00	2.00 3.1%	18.00 27.7%	1012	6.0	741	1.86
850541 ITALIAN DUNKERS WG 73338	2 breadsticks	119	310	13.00 37.7%	7.00 20.3%	40	590	31.00 40.0%	3.00	8.00 10.3%	18.00 23.2%	200	0.0	400	1.80
850071 JICAMA STICKS	HALF CUP	73	38	0.12 2.9%	0.02 0.5%	0	1	10.10 106.2%	1.76	*N/A* *N/A%*	0.19 2.0%	39	3.4	4	0.09
850962 JUICE APPLE 100% 4 OZ	4 oz cup	113	50	0.00 0.0%	0.00 0.0%	0	10	13.00 104.0%	0.00	*N/A* *N/A%*	0.00 0.0%	0	1.2	0	0.00
850961 JUICE ORANGE 100% 4 OZ	4 oz cup	113	60	0.00 0.0%	0.00 0.0%	0	0	13.00 86.7%	0.00	12.00 80.0%	0.00 0.0%	60	42.0	0	0.00

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850211 KETCHUP DISPENSER	.5 OZ	14	17	0.00 0.0%	0.00 0.0%	0	133	4.17 100.0%	0.00	*N/A* *N/A%*	0.00 0.0%	83	1.0	0	0.00
850506 LOAF MINI APPLE CRISP WG	EACH 2 OZ	57	160	4.50 25.3%	0.50 2.8%	0	110	27.00 67.5%	1.00	15.00 37.5%	3.00 7.5%	0	0.0	20	0.36
850507 LOAF MINI BANANA TROPICA	EACH 2 OZ	57	160	4.50 25.3%	0.50 2.8%	0	105	26.00 65.0%	1.00	14.00 35.0%	3.00 7.5%	0	0.0	20	0.36
850822 MAC & CHEESE JTM 5705	#6 SCOOP	121	320	17.88 50.2%	9.74 27.4%	59	687	23.18 28.9%	2.53	2.48 3.1%	18.00 22.5%	750	0.0	428	1.37
003595 MAC & CHEESE W/HAM	#6 SCOOP	156	291	12.14 37.5%	5.59 17.3%	53	870	28.39 39.0%	2.48	*0.99* *1.4%*	19.13 26.3%	1704	0.6	254	1.88
850208 MAYONNAISE DISPENSER	.5 OZ	14	94	10.39 99.0%	1.42 13.5%	5	80	0.00 0.0%	0.00	*N/A* *N/A%*	0.00 0.0%	0	0.0	0	0.00
850934 MEXI SLAW	1/2 CUP	97	58	0.08 1.2%	0.02 0.3%	0	14	14.29 99.3%	1.80	*10.81* *75.1%*	0.97 6.7%	205	32.8	29	0.36
850062 MILK CHOCOLATE FF TRU M	HALF PINT	227	120	0.00 0.0%	0.00 0.0%	5	190	20.00 66.7%	0.00	18.00 60.0%	9.00 30.0%	500	1.2	300	0.00
850063 MILK WHITE 1% BERKELEY	HALF PINT	227	130	2.50 17.3%	1.50 10.4%	15	160	16.00 49.2%	0.00	15.00 46.2%	10.00 30.8%	500	2.4	400	0.00
825638 MUFFIN APPLE CINNAMON	1 muffin/squa re	128	322	9.10 25.4%	4.55 12.7%	27	421	54.29 67.4%	2.28	*0.02* *0.0%*	3.67 4.6%	3	0.0	11	0.74
825279 MUFFIN BANANA BERRY	1 muffin/squa re	153	352	9.23 23.6%	4.59 11.7%	27	419	61.92 70.3%	3.20	*0.00* *0.00%*	4.11 4.7%	31	4.0	4	0.78
825639 MUFFIN BLUEBERRY	1 muffin/squa re	131	319	9.09 25.7%	4.54 12.8%	27	419	53.22 66.8%	2.37	*0.00* *0.00%*	3.63 4.6%	7	0.5	3	0.68
850202 MUSTARD DISPENSER	.5 OZ	14	0	0.00 0.00%	0.00 0.00%	0	177	0.00 0.00%	0.00	*N/A* *N/A%*	0.00 0.00%	0	0.0	0	0.00
850891 NACHOS CHEESE SHRD & B	EACH	217	514	25.07 43.9%	5.00 8.8%	30	978	55.64 43.3%	6.20	1.03 0.8%	17.20 13.4%	300	0.0	261	2.58
850370 ORANGE FRESH WHOLE 138	EACH	133	63	0.16 2.3%	0.03 0.4%	0	0	15.66 100.0%	3.20	*N/A* *N/A%*	1.25 8.0%	300	70.9	53	0.13
826009 ORANGE WHOLE:138ct	EACH	133	63	0.16 2.3%	0.03 0.4%	0	0	15.66 100.0%	3.20	*N/A* *N/A%*	1.25 8.0%	300	70.9	53	0.13
850879 PANCAKE WRAP TURKEY BU	EACH 2.85 OZ	81	160	6.00 33.7%	1.50 8.4%	25	310	17.00 42.5%	3.00	*N/A* *N/A%*	8.00 20.0%	0	0.0	0	1.44
851243 PARFAIT TROPICAL K-5-UP	1 parfait	235	293	6.00 18.4%	0.67 2.0%	3	198	55.30 75.4%	3.31	34.10 46.5%	6.89 9.4%	319	64.7	322	0.72
850244 PEAS GREEN	1/2 CUP	92	64	0.00 0.0%	0.00 0.0%	0	151	11.88 74.6%	4.32	4.32 27.1%	4.32 27.1%	818	4.0	22	0.87
851083 PIZZA BOLD CHEESE 78985	SLICE	158	400	16.02 36.0%	7.01 15.8%	35	440	43.05 43.0%	4.00	7.01 7.0%	19.02 19.0%	400	0.0	350	2.70

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Recipe No. Recipe Name	Portion Size	Weight (g)	Cals (kcal)	Total Fat (g)	Saturated Fat (g)	Chol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (IU)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
851084 PIZZA BOLD HAWAIIAN	SLICE	184	418	16.39 35.3%	7.13 15.4%	38	493	45.17 43.2%	4.13	8.63 8.3%	20.27 19.4%	400	1.9	350	2.79
003625 PIZZA BOLD PEP & JAL	SLICE	180	436	18.93 39.1%	8.10 16.7%	42	701	43.67 40.1%	4.50	7.13 6.5%	20.36 18.7%	501	1.8	350	2.75
003627 PIZZA BOLD PEP OLIVE	SLICE	181	463	21.43 41.6%	8.10 15.7%	42	691	43.17 37.3%	4.00	*7.13* *6.2%*	20.36 17.6%	401	0.0	350	2.75
851085 PIZZA BOLD PEPPERONI	SLICE	165	433	18.93 39.3%	8.10 16.8%	42	551	43.17 39.9%	4.00	7.13 6.6%	20.36 18.8%	401	0.0	350	2.75
851086 PIZZA BOLD SAUSAGE	SLICE	179	469	21.90 42.0%	9.02 17.3%	48	629	44.06 37.5%	4.33	7.32 6.2%	21.91 18.7%	426	0.2	364	3.01
003626 PIZZA BOLD SUPREME	SLICE	191	479	22.66 42.5%	8.90 16.7%	47	692	44.14 36.8%	4.35	*7.46* *6.2%*	21.68 18.1%	446	6.3	360	2.95
850501 PIZZA BRKFST TURKEY SAU	EACH	94	210	7.00 30.0%	2.00 8.6%	15	480	26.00 49.5%	2.00	9.00 17.1%	9.00 17.1%	200	0.0	100	1.80
850179 POTATO FRENCH FRIES	1/2 CUP	69	110	3.50 28.6%	0.50 4.1%	0	130	18.00 65.5%	1.00	*N/A* *N/A*	2.00 7.3%	0	3.6	0	0.36
851154 PRETZEL SOFT BAKED 30110	EACH	62	140	0.50 3.2%	0.00 0.0%	0	150	30.00 85.7%	3.00	1.00 2.9%	5.00 14.3%	5	1.2	20	1.80
003624 PROTEIN PACK w/egg	CONTAIN ER	148	440	14.39 29.4%	4.82 9.8%	178	498	62.88 57.1%	5.00	*29.88* *27.1%*	16.27 14.8%	1084	*0.0*	*318*	*2.07*
851014 PROTEIN PACK w/egg	CONTAIN ER	148	440	14.39 29.4%	4.82 9.8%	178	558	62.88 57.1%	5.00	*29.88* *27.1%*	16.27 14.8%	984	*0.0*	*318*	*2.07*
851051 PROTEIN PACK w/sunflower s	CONTAIN ER	132	538	24.82 41.5%	4.98 8.3%	15	569	68.91 51.2%	6.98	*31.96* *23.8%*	15.94 11.9%	735	*0.0*	*320*	*2.51*
003623 PROTEIN PACK w/sunflower s	CONTAIN ER	132	538	24.82 41.5%	4.98 8.3%	15	509	68.91 51.2%	6.98	*31.96* *23.8%*	15.94 11.9%	835	*0.0*	*320*	*2.51*
850686 QUESADILLA CHICKEN K-8	EACH	119	321	16.27 45.7%	6.93 19.5%	67	534	24.93 31.1%	2.00	2.00 2.5%	18.47 23.0%	310	0.0	300	1.61
850129 RAISINS BOX 1.5 OZ	BOX	42	130	0.00 0.0%	0.00 0.0%	0	10	31.00 95.4%	2.00	29.00 89.2%	1.00 3.1%	0	0.0	20	1.08
850917 RIB PORK HONEY BBQ 3717	EACH	149	340	14.50 38.4%	4.50 11.9%	45	950	39.00 45.9%	4.00	*4.00* *4.7%*	18.00 21.2%	320	1.2	60	2.16
850005 RICE BROWN WG COOKED	1/2 CUP	100	117	0.69 5.3%	0.00 0.0%	0	2	25.51 87.1%	1.38	0.00 0.00%	2.76 9.4%	0	0.0	2	0.50
850725 ROLL DINNER 2 OZ WG ARTI	EACH	57	160	2.00 11.2%	0.00 0.0%	0	270	34.00 85.0%	5.00	3.00 7.5%	5.00 12.5%	15	9.0	80	1.80
850594 SALAD CAESAR BULK SIDE	CUP	73	91	8.35 82.4%	2.18 21.5%	11	178	2.17 9.5%	1.23	0.75 3.3%	2.59 11.4%	5038	2.8	57	0.58
850714 SALAD CHICKEN CAESAR FA	PORTION	185	342	28.74 75.7%	6.56 17.3%	102	931	5.24 6.1%	1.21	0.69 0.8%	19.11 22.4%	5037	2.3	88	0.90
003586 SALAD ENT CRISPY CHICKE	PORTION	243	278	15.89 51.4%	5.03 16.3%	31	513	20.05 28.8%	4.68	3.88 5.6%	15.51 22.3%	10504	13.1	173	2.28
850731 SALAD GARDEN HEARTY:K8	1 salad	211	188	11.85 56.6%	6.79 32.4%	122	298	9.03 19.2%	2.51	*2.77* *5.9%*	12.31 26.1%	6124	25.3	246	1.31

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## Recipe Audit Report - Summary

Recipe No. Recipe Name	Portion Size	Weight (g)	Cals (kcal)	Total Fat (g)	Saturated Fat (g)	Chol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (IU)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
850773 SALAD GREEN TOSSED BUL	CUP	88	16	0.17 9.5%	0.03 1.6%	0	24	2.90 73.8%	1.14	1.04 26.5%	1.23 31.3%	4773	10.4	34	0.84
851068 SALAD TACO BEEF K-5 1-320	1 SALAD	221	435	24.79 51.3%	4.84 10.0%	34	487	39.50 36.3%	1.56	*0.76* *0.7%*	15.39 14.2%	745	5.9	161	2.15
850556 SALAD TACO VEGETARIAN K	1 SALAD	250	413	18.68 40.7%	2.52 5.5%	15	429	50.02 48.5%	5.87	*0.39* *0.4%*	12.36 12.0%	536	5.1	183	2.10
003615 SAND BURGER ATOMIC BEE	1 burger	151	397	23.79 53.9%	9.35 21.2%	53	798	30.34 30.5%	3.38	*4.51* *4.5%*	16.54 16.6%	245	2.0	95	2.21
003614 SAND BURGER MSHRM BEE	1 burger	140	365	21.24 52.4%	7.74 19.1%	44	482	28.59 31.3%	3.18	*4.00* *4.4%*	16.19 17.7%	105	0.4	74	2.25
850601 SAND COLD AMERICAN SUB	EACH	135	256	7.01 24.7%	2.50 8.8%	34	640	29.50 46.2%	2.00	3.00 4.7%	20.12 31.5%	516	12.0	400	2.01
850326 SAND COLD HAM & CHEESE	EACH	127	270	10.50 35.0%	5.00 16.7%	33	675	27.00 40.0%	2.00	4.00 5.9%	16.00 23.7%	1022	2.4	761	2.22
850597 SAND COLD TURKEY & CHD	EACH	127	281	9.76 31.3%	4.50 14.4%	38	633	29.00 41.3%	2.00	3.00 4.3%	21.12 30.1%	1017	12.0	761	2.22
850340 SAND COLD TURKEY & CHEE	EACH	126	271	9.76 32.5%	4.50 15.0%	38	683	26.00 38.4%	2.00	4.00 5.9%	20.12 29.8%	1022	2.4	761	2.22
001242 SAND HOT GRILLED CHEESE	1 sandwich	113	363	19.22 47.7%	10.12 25.1%	51	867	30.05 33.1%	4.00	*N/A* *N/A%*	16.12 17.8%	607	0.0	304	1.44
826653 SAUCE SRIRACHA	1/8 cup	35	42	0.18 3.8%	0.00 0.0%	0	1035	9.39 89.1%	0.89	8.26 78.3%	0.74 7.1%	957	0.0	7	0.32
001275 SAUCE, TACO, MILD	OZ	30	15	0.03 1.9%	0.01 0.4%	0	2	3.53 97.3%	0.03	*N/A* *N/A%*	0.03 0.7%	11	0.2	2	0.08
850527 SPICY CHICKEN SAND 70314	1 sandwich	157	410	17.50 38.4%	3.50 7.7%	25	680	44.00 42.9%	6.00	5.00 4.9%	19.00 18.5%	120	0.0	60	3.78
003587 TACO BEEF SOFT (2) WG	2 EACH	127	333	13.75 37.2%	5.87 15.9%	34	747	32.75 39.4%	2.00	*0.00* *0.00%*	19.25 23.2%	375	0.0	235	2.79
851114 TACO BEEF SOFT 1-320410	2 TACOS	133	324	15.74 43.7%	6.38 17.7%	34	496	29.78 36.7%	2.27	2.37 2.9%	16.57 20.4%	372	0.8	226	2.44
851003 TACO CHICKEN SHRED COR	1 Double Taco	126	228	5.74 22.6%	1.11 4.4%	44	154	27.61 48.4%	2.06	*0.03* *0.0%*	16.88 29.6%	102	2.6	41	1.33
850567 TACO CHICKEN SOFT (2) WG	2 EACH	136	326	14.40 39.8%	4.90 13.5%	71	571	29.40 36.1%	2.00	2.00 2.5%	20.70 25.4%	160	0.0	220	1.69
850932 TOMATO & CUCUMBER SALA	1/2 cup	95	26	1.01 34.5%	0.03 1.1%	0	42	4.42 66.7%	0.98	2.43 36.7%	0.84 12.7%	509	8.2	14	0.32
850074 TOMATOES, CHERRY	HALF CUP	74	13	0.15 10.0%	0.02 1.5%	0	4	2.87 86.4%	0.88	1.84 55.3%	0.65 19.6%	614	10.1	7	0.20
850500 ULTIMATE BREAKFAST ROU	EACH	62	270	8.00 26.7%	3.00 10.0%	5	190	44.00 65.2%	6.00	*N/A* *N/A%*	5.00 7.4%	0	0.0	0	0.00
850456 VEGGIES ORIENTAL BLEND 1	1/2 CUP	49	17	0.00 0.0%	0.00 0.0%	0	3	3.33 80.0%	1.33	*N/A* *N/A%*	0.67 16.0%	200	10.0	0	0.48
850857 WAFFLES WG SQUARE 2.25	2 EACH	79	200	5.99 27.0%	1.00 4.5%	5	489	31.92 64.0%	2.99	3.99 8.0%	4.99 10.0%	20	0.0	100	3.59

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850605 WRAP CHICKEN RANCH K-8	WRAP	189	356	16.87 42.6%	5.63 14.2%	92	785	29.32 32.9%	2.61	*2.34* *2.6%*	22.79 25.6%	2679	1.2	210	2.06
850959 WRAP SOUTHWEST:K8	WRAP	269	435	21.91 45.3%	5.77 11.9%	56	836	35.96 33.1%	5.25	*4.52* *4.2%*	22.02 20.2%	3771	11.8	241	3.39
850624 WRAP TURKEY & CHEESE K-	EACH	161	305	13.84 40.8%	6.01 17.7%	48	596	24.83 32.5%	2.56	*2.00* *2.6%*	20.52 26.9%	441	1.5	308	1.82
001238 YOGURT, CRUSH CUP & STR	1 yogurt+1Ch z	56	138	7.47 48.7%	5.06 33.0%	26	378	1.67 4.8%	0.00	*0.00* *0.00%*	15.65 45.3%	280	0.0	406	0.07

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